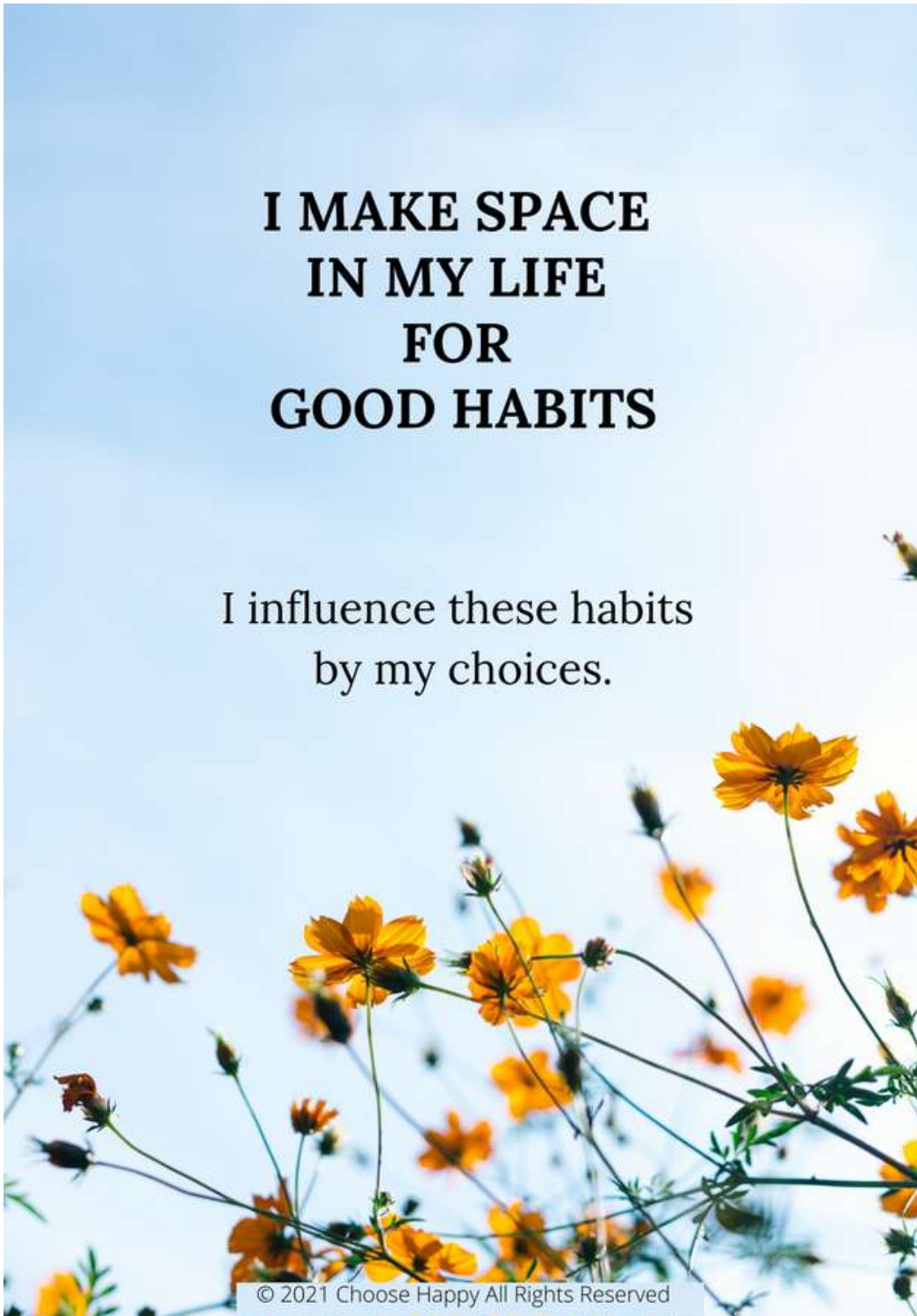




**I MAKE SPACE
IN MY LIFE
FOR
GOOD HABITS**

I influence these habits
by my choices.



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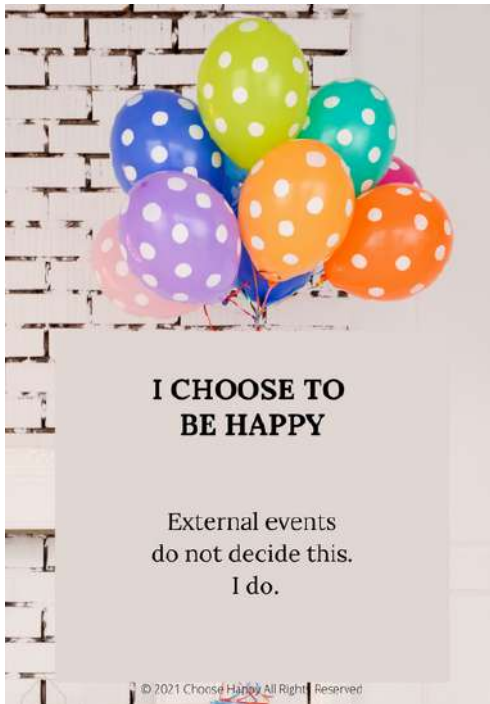
Choose Happy with Marie

Here is your 5 Card Sample Pack that includes:


3 cards from the **Choose Happy Affirmation Card Deck**

+ 2 NEW affirmation cards! 😊

Pick a Card and Choose Happy!



Suggestions for use:

- Find a quiet moment in your morning routine, choose a card and take inspiration from the topic.
- Take 3 deep breaths - inhale, hold and exhale.
- Repeat the affirmation 3 times with clarity & loving confidence.
- Ask yourself, "What action can I take today aligned with this affirmation?" Trust the answer and follow through. 

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NEW!

I CHOOSE GRATITUDE

I focus on the gifts
that is my life.



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I FORGIVE MYSELF

I am human and I make mistakes,
just as we all do.

I choose to see it as a learning
opportunity.

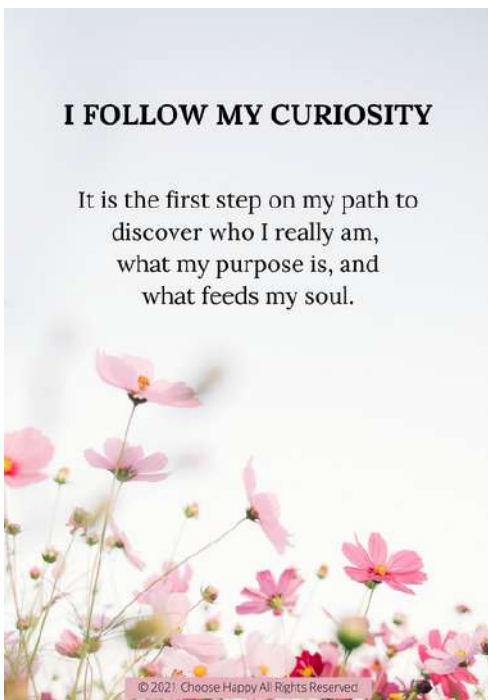


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NEW!

I FOLLOW MY CURIOSITY

It is the first step on my path to
discover who I really am,
what my purpose is, and
what feeds my soul.



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Thank you

I hope this sample pack has given you a taste
of how the Choose Happy affirmations can
empower you to live your best life, every day.

You can purchase the Choose Happy
Affirmation Card Deck and cedar wood stand at:

www.choosehappywithmarie.com

With love,

Marie 